

Baby Steps Training Program

The “Baby Steps” Training Program is a 15 hour series based on *PITC Module 1: Social-Emotional Growth and Socialization*. In this training series you will have the opportunity to deepen your understanding of how children grow emotionally and what you can do to support their growth. This series is designed to share research based information about caring for infants and toddlers in a consistent manner across the WNY region.



This workshop will strive to create a community of learners by creating and distributing welcome packets to registered participants, creating email groups with interested participants for continued communication and idea

sharing between workshops and following up with monthly “resource” mailings with articles/ideas to reinforce concepts presented in workshops.

The “Baby Steps” Training Program:

- Covers all 9 topic areas required by NYS Office of Children and Family Services
- Is offered in 5 convenient locations across WNY
- Can be taken as a series or as individual workshops. **You decide!**



**Baby Steps is offered through
your local Child Care
Resource and Referral
Agency!**

**For more information on cost,
location or to register for
Baby Steps, contact your
local CCR&R today!!!**



“Baby Steps”
Training Program
2010

WNY INFANT TODDLER RESOURCE NETWORK
1000 HERTEL AVE
BUFFALO, NY 14216
PHONE:1-866-281-4739 X 3065
WWW.INFANTTODDLERSOLUTIONS.COM

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**Quality infant and
toddler care begins
with you!**



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Emotional Development in Infants and Toddlers

Gazing, smiling, and playing pat-a-cake are all important milestones in a baby's life. In this session participants will explore these ages and stages of emotional development. Through small group work and discussion, participants will gain a better understanding of emotional milestones through the first three years as well as identify how they can support the emotional strengths that young children need for healthy development.

OCFS Training Topics: Principles of childhood development, Safety and Security procedures



Fearful or Feisty: Understanding Temperament

Every baby comes into the world with his/her own distinct set of likes and dislikes. In this session participants will learn to identify the temperament traits that make each child's development and learning unique. Participants will have the opportunity to chart and compare their own temperament with that of children in their program and to develop a plan for meeting the individual needs of the children in their care.

OCFS Training Topics: Principles of childhood development, child day care program development, statutes and regulations pertaining to child care

Understanding Children's Behaviors: Supporting the Individual Needs of Infants and Toddlers

To understand behavior you must know what caused it. In this workshop participants will identify the impact of relationships and caregiver expectations on infant and toddler behavior. Through small group work and discussions, participants will identify different causes for challenging behaviors as well as practice using an evaluation tool to assess children's behavior. *OCFS Training Topics: Principles of childhood development, Nutrition and health needs of children, Business record maintenance and management*



Socialization and Guidance

No! Me! Mine! The familiar words of toddlers echo through homes and child care programs everywhere. In this workshop participants will learn appropriate guidance practices and techniques to support the social and emotional needs of toddlers. Participants will also have the opportunity to create a behavior management plan for challenging behaviors that occur in their programs. *OCFS Training Topics: Child day care program development, Business record maintenance and management, Statutes and regulations pertaining to child care*

Ghosts from the Nursery: The Impact of Abuse on Social and Emotional Development

We all have past experiences that have impacted the people that we have become. This workshop will highlight case studies of people who have experienced abuse as a young child. Participants will discuss the impact that abuse has on healthy social emotional development. Participants will also review the statutes and regulations pertaining to child abuse and maltreatment as well as the impact of shaken baby syndrome on a child's development. *OCFS Training Topics: Child abuse & maltreatment, Statutes & regulations pertaining to child abuse and maltreatment, The education & the information on the identification, diagnosis, & prevention of Shaken Baby Syndrome*

Fostering Social –Emotional Development: The Caregiver's Role

The most important thing that impacts the healthy social and emotional development of a child is you! In this workshop participants will explore the critical role they play in fostering social and emotional development. This "hands- on" workshop will explore strategies and experiences to use towards developing confident and competent children!

OCFS Training Topics: Child day care program development, Nutrition and health needs, Statutes and Regulations pertaining to child day care.

Niagara County (716) 285-8572	Erie County (716) 877-6666	Chautauqua County (716) 664-4999	Alleghany, Wyoming, Cataraugus Counties (585) 593-0792	Genesee, Orleans Counties (585) 343-7727
Emotional Development & Fearful or Feisty 03/16/10 & 03/17/10	Emotional Development & Fearful or Feisty 02/9/10 & 02/11/10	Emotional Development & Fearful or Feisty 04/17/10	Emotional Development & Fearful or Feisty 02/20/2010	Emotional Development & Fearful or Feisty 03/23/2010 & 03/24/2010
Understanding Children's Behaviors & Socialization & Guidance 04/20/10 & 04/21/10	Understanding Children's Behaviors & Socialization & Guidance 3/9/10 & 03/11/10	Understanding Children's Behaviors & Socialization & Guidance 05/15/2010	Understanding Children's Behaviors & Socialization & Guidance 03/20/2010	Understanding Children's Behaviors & Socialization & Guidance 04/27/2010 & 04/28/2010
Ghosts from the Nursery & The Caregiver's Role 05/11/09 & 5/12/09	Ghosts from the Nursery & The Caregiver's Role 04/13/10 & 04/15/10	Ghosts from the Nursery & The Caregiver's Role 06/12/2010	Ghosts from the Nursery & The Caregiver's Role 04/24/2010	Ghosts from the Nursery & The Caregiver's Role 05/25/2010 & 05/26/2010